HIGH SCHOOL LUNCH

September-22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	*2*
	6 **ORANGE CHICKEN** brown rice egg roll steamed broccoli assorted fruit	*7* **BEEF & POTATO WRAP** shredded cheese side salad mini carrots assorted fruit	*8* **CORN DOG** baked beans cole slaw assorted chips assorted fruit	*9* **ITALIAN DUNKERS** marinara sauce green beans assorted fruit
12 **PULLED PORK on BUN** baked beans coleslaw assorted chips assorted fruit	*13* **FAJITA CHICKEN WRAP** shredded lettuce & cheese potato rounds assorted fruit	*14* **LASAGNA ROLL** garlic bread steamed broccoli assorted fruit	*15* **CHICKEN STRIPS & WAFFLES** mini carrots sliced cucumbers assorted fruit	*16* **TATER TOT HOTDISH** whole grain dinner roll green beans assorted fruit
19 **CHICKEN GRAVY** mashed potatoes whole grain dinner roll peas & carrots assorted fruit	*20* **EGG BAKE** side salad salsa cinnamon roll assorted juice & fruit	*21* **BEEF HOT DOG** baked beans potato salad assorted fruit	*22* **ITALIAN PASTA** garlic bread green beans assorted fruit	*23* **GRILLED CHEESE** tomato soup celery w/peanut butter mini carrots assorted fruit
26 **BBQ CHICKEN SANDWICH** baked beans cole slaw assorted chips assorted fruit	*27* **WALKING TACO** shredded lettuce & cheese black beans & diced tomatoes corn assorted fruit	*28* **CHICKEN STRIPS** whole grain dinner roll cheesy potatoes green beans assorted fruit	*29* **HOT HAM & CHEESE** broccoli salad mini carrots assorted chips assorted fruit	*30* **BEEF PAT THAI over NOODLES** steamed broccoli snack cracker assorted fruit

All meals are served with a choice of skim white, skim chocolate or 1% white milk. Meals are subject to change. "This institution is an equal opportunity provider."