




# KING ELEMENTARY LUNCH



**November-22**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> <b>HOT HAM &amp; CHEESE</b> chick. noodle soup/crackers sliced cucumbers mini carrots assorted fruit	<b>2</b> <b>MEATBALLS &amp; GRAVY</b> mashed potatoes whole grain dinner roll steamed broccoli assorted fruit	<b>3</b> <b>HOTDOG on a BUN</b> baked beans coleslaw assorted chips assorted fruit	<b>4</b> <b>CHEESE QUESADILLA</b> salsa corn cheese stick assorted fruit
<b>7</b>  <b>NO SCHOOL</b>	<b>8</b> <b>CHICKEN NUGGETS</b> whole grain dinner roll fries coleslaw assorted fruit	<b>9</b> <b>FRENCH TOAST STICKS</b> sausage links potato rounds cucumber slices assorted fruit	<b>10</b> <b>TURKEY GRAVY</b> mashed potatoes stuffing & dinner roll green beans assorted fruit	<b>11</b> <b>MAC &amp; CHEESE</b> goldfish steamed broccoli mini carrots assorted fruit
<b>14</b> <b>CHEESEBURGER</b> baked beans coleslaw assorted chips assorted fruit	<b>15</b> <b>CHICKEN STRIPS &amp; WAFFLES</b> mini carrots broccoli buds assorted fruit	<b>16</b> <b>TATER TOT HOTDISH</b> whole grain dinner roll green beans assorted fruit	<b>17</b> <b>ITALIAN PASTA</b> garlic bread steamed broccoli assorted fruit	<b>18</b>  <b>NO SCHOOL</b>
<b>21</b> <b>POPCORN CHICKEN</b> whole grain dinner roll potato wedges fresh veggies assorted fruit	<b>22</b> <b>PIZZA</b> caesar salad cheese stick assorted fruit	<b>23</b> <b>CHICKEN DRUMSTICKS</b> whole grain dinner roll tater tots green beans assorted fruit		<b>25</b>  <b>NO SCHOOL</b>
<b>28</b> <b>CHICKEN WILD RICE HOTDISH</b> whole grain dinner roll green beans assorted fruit	<b>29</b> <b>CHICKEN FAJITA WRAP</b> shredded lettuce & cheese corn assorted fruit	<b>30</b> <b>MINI CORNDOGS</b> baked beans cucumber slices assorted chips assorted fruit		

All meals are served with a choice of skim white, skim chocolate or 1% white milk. Meals are subject to change. "This institution is an equal opportunity provider."